

PaNou Lee



PaNou Lee is a Licensed Professional Counselor- IT, who received her Masters in Professional Counseling from Concordia University. PaNou provides therapy for kids and adolescents. Her therapeutic approach utilizes cognitive behavioral, client-centered, solution-focused and psychoeducational modalities. PaNou's clinical experiences includes providing treatment for individuals with trauma, anxiety, depression, and anger. PaNou is also trained in

EMDR and Bio-feedback.

PaNou's Insurances

Commerical

Alliance
Centivo
Dean Health
Medica
Wellfirst
FABOH
First Health
HEOS
Mulitplan
HPS
Humana

Network Health
Triology
United Health Care
UMR
Quartz

Medicaid

Anthem
Cenpatico
MHS
Childrens Community
Chorus Community
Dean Health
ICARE
Forward Health
Network Health
United Health Care
Quartz

These are a list of the common insurances that we are contracted with some of these policies have smaller policies within them that we are not contracted with. We will do a curiosity check on the insurance, but we always advise patients to verify insurance benefits.